Moderated Discussion Groups for…
Parents of teens

LifeCare offers free teen parenting discussion groups that are conveniently accessible online through your member site. Join us to:

- Take away positive parenting strategies from an expert facilitator
- Share experiences and interact with others about pertinent parenting topics, such as: health, social, academic, financial, emotional issues and more

**Upcoming Parenting Your Teen Discussion Groups**

Mark your calendar now for these all-new monthly sessions during the fourth quarter of 2011 and remember to register each month for the topics that interest you. All you need is an Internet connection and a phone and there is never any cost to you.

- **Teens & Sports**: Learn the pros and cons of sports in your teen’s life.
  
  *Thursday, October 6th, Noon-1pm EST*

- **Managing Conflicts**: Learn how to deal with conflict, teach responsibility, and practice positive discipline techniques.
  
  *Tuesday, November 29th, Noon-1pm EST*

- **Friends & Families**: The importance of a teen’s social life, making time for family, and respecting family members.
  
  *Wednesday, December 14th, Noon-1pm EST*

**About the Facilitator: Wendy Kaufman**

Wendy Kaufman, a consultant with 20 years of experience teaching teenagers on a wide variety of social issues. Wendy has a Bachelor’s degree in High School Social Science Education and a Master’s degree in Counseling. Plus, Wendy has three children and two stepchildren... all teenagers!

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“I’m a first-time participant today so you’ll have to forgive my excitement! … Great discussion and great questions from folks who have obviously done their homework.”

— Discussion Group Participant